COMMUNITY RESOURCE GUIDE



MOSAIC MEDICAL CENTER for Lesbian, Gay, Bisexual, Transgender, Queer + Health and Wellness

Table of Contents

Agencies & Services	2
Hotlines	4
Local/Philadelphia Hotlines	5
Housing	6
Safe(r) Sex	7
Fertility Services	8
Substance Use	9
Hair Removal	11
Salons	12
Voice Therapy	13
Alternative Therapies & Gyms	14
Clothing & Accessories	15

Most of the services listed in this guide are in Philadelphia. For surrounding county resources, you can visit: <u>https://www.sagahatboro.com</u>

Agencies & Services

Transgender Law Center (TLC)

Transgender Law Center (TLC) is the national trans-led organization advocating for a world in which all people are free to define themselves and their futures. Grounded in legal expertise and committed to racial justice, TLC employs a variety of community-driven strategies to keep transgender and gender nonconforming people alive, thriving, and fighting for liberation.

https://transgenderlawcenter.org

Attic Youth Center

The Attic Youth Center creates opportunities for LGBTQ youth (ages 12-23) to grow within a safe and interactive community. Offers free counseling and groups.

255 South 16th Street Philadelphia, PA 19102 251.545.4331 www.atticyouthcenter.org

Bebashi

Bebashi is the second-oldest AIDS service organization in Philadelphia, and it remains one of Philadelphia's largest community based minority providers in HIV/AIDS. Bebashi operates Club 1509, a service linkage program. The Trans Necessities Closet is part of Club 1509, offering clothing, wigs, prosthetics, binders, and other necessities.

1235 Spring Garden St. Philadelphia, PA 19123 215.769.3561 www.bebashi.org

GALAEI

GALAEI is a queer Latin social justice organization. They have provided social services and referrals for sexual health since 1989. They operate the Trans Equity Project, which offers mentorship, assistance with legal name change, and opportunity to build community around trans justice.

149 West Susquehanna Ave Philadelphia, PA 19122 267.475.3912 www.galaei.org

Project SAFE

Project SAGE is for and by sex workers. They host several programs including the Bad Date Sheet, Project SAFE community center, and medical and legal advocacy.

1.866.509.SAFE safephila@gmail.com

William Way LGBT Community Center

The William Way Community Center supports the well-being of sexual and gender minorities through recreational, educational, and cultural programming.

1315 Spruce St. Philadelphia, PA 19107 215.732.2220 www.waygay.org

Colours Organization

The Colours Organization's mission is to empower the lives of LGBTQ+ communities of color.

1211 Chestnut Street, Suite 910 Philadelphia, PA 19107 215.832.0100 https://couloursorganization.org

Hotlines National Organizations

National Sexual Assault Hotline

When you call, you will be connected with a trained staff member from a sexual assault service provider in your area. Phone number and online chat are operated 24.7

1.800.656.HOPE

The Trevor Project

24/7 suicide and crisis prevention helpful for LGBTQ youth.

866.488.7386

The Gay, Lesbian, Bisexual, and Transgender National Hotline

Provides telephone peer-counseling, as well as factual information and local resources for cities and towns across the US.

888.843.4564

Trans Lifelife

Provides trans peer support. Run by and for Trans people.

877.565.8860 https://transgenderlawcenter.org

Crisis Text Line

Crisis Text Line provides free mental health texting service through confidential crisis intervention. Available 24 hours a day.

Text HOME to 741741

National Suicide Prevention Lifeline

A US based prevention network of over 160 crisis centers that provides 24/7 service. It is available to anyone in suicidal crisis or emotional distress.

1.800.273.8255

National Domestic Violene Hotline

Available 24 hours a day, the National Domestic Violence Hotline provides essential tools and support to help survivors of domestic violence. Offers support, intervention, education, and referral services in 200 languages.

800.799.7233

Local/Philadelphia Hotlines

Philadelphia Domestic Violence Hotline

Hotline for crisis intervention, safety planning, resources, and referrals. Hotline available 24 hours, all calls are free and confidential.

1.866.723.3014

Project HOME – Homeless Outreach Hotline

Project HOME's Outreach Coordination Center, in partnership with the City of Philadelphia and other services providers, coordinates outreach to people living on the streets of Philadelphia.

215.2323.1984

Housing

Currently, homeless services are heavily gender segregated. Philadelphia does have the **Fair Practices Ordinance**, which mandates that individuals accessing shelter services have the right to be housed in a facility with the gender that they identify with.

24-Hour Homeless Outreach Hotline

215.232.1984

Covenant House PA

Services to young adults ages 18-24 including shelter, transitional living, and independent living apartments.

31 E. Armat Street Philadelphia, PA 19144 215.951.5411

Office of Supportive Housing

Linkage services for shelters and housing.

1401 John F. Kennedy Blvd 10th Floor Philadelphia, PA 19102 215.868.7175

City-funded homeless intake centers:

https://www.phila.gov/services/property-lots-housing/buy-sell-or-rent-a-property/find-housein g/find-emergency-housing/

24/7 Homeless Outreach (18+)

877.222.1984 www.philadelphiaofficeofhomelessservices.org

Our Brother's Place

Shelter services for men.

907 Hamilton Street Philadelphia, PA 19123 215.236.7020

Project H.O.M.E.

Street outreach, supportive housing, and other services for the people of Philadelphia.

1515 Fairmount Ave Philadelphia, PA 19130 215.232.7272

Safe(r) Sex

Safer Sex for Trans Bodies

Safer sex zine created by Whitman-Walker Health and the Human Rights Campaign. <u>https://assets2.hrc.org/files/assets/resources/Trans_Safer_Sex_Guide_FINAL.pdf</u>

Project SAFE

Project SAFE is for and by sex workers. They host several programs including the Bad Date Sheet, Project SAFE community center, and medical and legal advocacy.

1.866.509.SAFE Safephila@gmail.com https://projectsafe.dreamhosters.com/

Fertility Services

Fairfax Cryobank

Sperm, egg, and embryo freezing and storage, fertility treatments.

3401 Market Street, Suite 205 Philadelphia, PA 19104 215.386.1977 https://fairfaxcryobank.com/

Shady Grove Fertility

Sperm and egg freezing and storage, fertility treatments.

1515 Market Street #1030 Philadelphia, PA 19120 610.667.1070 https://Shadygrovefertility.com

RMA Network

Consultation, testing, IVF, egg freezing 1015 Chestnut St. 8th Floor Philadelphia, PA 19107 215.922.1556 https://Rmanetwork.com/our-locations/rma-philadelphia

Penn Fertility Care

Sperm and egg freezing and storage, IVF, egg donor

3701 Market Street, 8th Floor Philadelphia, PA 19104 610.902.4989 <u>https://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/penn-fertili</u> <u>ty-care</u>

Substance Use

The Center for Integrative Medicine

A Pennsylvania Center of Excellence in the treatment of opiate use disorder.

422 E. 22nd Street Chester, PA 19013 610.583.3800 https://cimrecovery.org/

Mazzoni Center Intensive Outpatient

Philadelphia region's only LGBTQ+ focused intensive outpatient recovery program for substance abuse.

Mazzoni Center 1348 Bainbridge Street Philadelphia, PA 19147 <u>https://www.mazzonicenter.org/supportive-services/therapy-and-recovery/recovery-services/re</u> <u>covery-services-iopop</u>

Morris Home

The only residential program in the country offering comprehensive services specifically for the transgender community. Provides support necessary to promote sobriety.

4700 Wisshickon Avenue, Suite #126 Philadelphia, PA 19144 215.951.0300

Pride Institute

Offers inclusive and accepting recovery programs for members of the LGBTQ+ community.

800.547.7433

Mirmont Line Health

LGBTQ Inclusive Care at Mirmont is a program for LGBTQ people who are struggling with addiction.

Several locations in Media, Exton, and Broomall, PA

1.888.227.3898

https://www.mainlinehealth.org/specialties/mirmont-lgbtq

Malvern Behavioral Health

The Wisteria Program is an inpatient psychiatric program (220bed) for members of the LGBTQ community at Malvern Behavioral Health.

1930 S. Broad Street, 4th Floor Philadelphia, PA 19145 610.480.8919 <u>https://www.malvernbh.com/treatment-programs/lgbtq-community-program/</u>

Keystone Center

Provides evidence-based, specialized addiction treatment to the LGBTQ community in a supportive environment.

2001 Providence Ave Chester, PA 19013 601.876.9000 https://keystonecenter.net/programs-and-services/outpatient-programs/lgbtq-affirming-treatm ent

Hair Removal

Transcend Electrolysis

Trans owned and operated. Provides electrolysis services, waxing, makeup and wardrobe consultation.

1315 Walnut Street #717 Philadelphia, PA 19107 267.225.7275

Department of Dermatology at UPenn

Laser hair removal

3400 Civic Center Philadelphia, PA 19104 1.800.789.7366

Metro Laser

Laser hair removal, facials, cool sculpting Multiple Locations <u>https://www.metrolasterphilly.com</u>

Salons

Andre Richard Salon

3 levels of payment options. Haircuts, color, makeup, and eyebrows

130 Chestnut St. Philadelphia, PA 19106 646.437.8595 https://andrerichardsalon.com/

Lotus Philadelphia Esthetic Center

Full service salon

1240 South St Philadelphia, PA 19147 267.886.9017

Voice Therapy

Penn Center for Voice

Voice therapy and phono surgery, including thyroplasty.

1.800.789.7366

https://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/ear-nose-and-throat/voice-speech-and-swallowing

Temple Speech-Language-Hearing Center

Clients of all ages with any type of voice disorder are seen in this clinic for evaluation and treatment. Sliding scale available.

110 Weiss Hall 13th and Cecil B. Moore Ave Philadelphia, PA 19122 215.204.4482

Salus University Speech-Language Institute

"Raise Your Voice" is a support group for transgender voice and communication skills. Individual voice therapy provided based on availability.

8380 Old York Road, Suite 2100 Elkins Park, PA 19027 215.780.3150

https://www.salusuhealth.com/Speech-Language-Institute/News/News-Stories/Raise-Your-Voic e-Facilitating-Transgender-Voice.aspx

Alternative Therapies & Gyms

Studio 34

Offers Trans and Queer yoga class on Saturdays from 2:00-3:15pm.

4522 Baltimore Ave Philadelpia, PA 19143 215.387.3434 http://studio34yoga.com/

Ally Wellness

Physical therapy and personal training. https://222.ally-wellness.com/

Rise Acupuncture and Wellness

Trans-inclusive care. Pelvic/reproductive health, scar mobilization, pre/post surgical support, metal/emotional health.

707 50th Street Philadelphia, PA 19143 215.874.7700 https://www.riseacuphilly.com/

Clothing & Accessories

Big Brother Binder Program

Binders for Trans men, 18 and over (and younger when a parent makes contact) who would otherwise not be able to afford a new binder at retail prices due to hardship

https://222.thetrainstionalmale.com/BBUB.html

Point of Pride Free Chest Binders

Provides free chest binders to any trans person who needs one and cannot afford or cannot safely obtain one.

https://www.pointofpride.org/free-chest-binders

Brother 2 Brother Binder Program

Providing binders to Black trans people who are in need and cannot afford to purchase binders on their own.

https://blacktransmen.org/binder-program/

Genderbands

Offers free chest binders and educational resources on how to use them.

https://www.genderbands.org/binders

FtM

FTM is a subsidiary of Early to Bed which is a Queer woman-owned feminist erotica shop in Chicago and has been serving the needs of the trans community since 2001. Gender expression gear, ships all items discreetly and quickly.

https://www.ftmessentials.com

Buffalo Exchange

Second-hand and vintage clothes and accessories. Gender-neutral fitting rooms.

1713 Chestnut Street Philadelphia, PA 19103 215.557.9850

Philly AIDS Thrift

Donated and used clothes, furniture, electronics, and other items.

710 5th Street Philadelphia, PA 19147 215.922.3186

https://www.pointofpride.org/free-chest-binders

Prevention Meets Fashion

The Affirming Fashion program redistributes new and gently used clothing to communities of color, black, LGBTQ, and nonbinary individuals and families who are experiencing financial hardship or crisis.

https://www.preventionmeetsfashion.org/